# MXL-3 and HLH-30 transcriptionally link lipolysis and autophagy to nutrient availability

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Fat is stored or mobilized according to food availability. Malfunction of the mechanisms that ensure this coordination underlie metabolic diseases in humans. In mammals, lysosomal and autophagic function is required for normal fat storage and mobilization in the presence and absence of food. Autophagy is tightly linked to nutrients. However, if and how lysosomal lipolysis is coupled to nutritional status remains to be defined. Here we present MXL-3 and HLH-30 as transcriptional switches coupling lysosomal lipolysis and autophagy to nutrient availability and controlling fat storage and ageing in *Caenorhabditis elegans*. Transcriptional coupling of lysosomal lipolysis and autophagy to nutrients is also observed in mammals. Thus, MXL-3 and HLH-30 orchestrate an adaptive and conserved cellular response to nutritional status and regulate lifespan.

The importance of lipolysis to general metabolism became apparent when it was discovered that fat can only be mobilized in its hydrolysed form<sup>1</sup>. Classically, lipolysis has been associated with 3 cytosolic or ER-associated neutral lipases. However, cytosolic lipids are 4 also catabolized through autophagy-mediated lipolysis, also termed 5 lipophagy<sup>2</sup>, Lysosomal acid lipases<sup>3</sup> (LALs) and Atg15 (ref. 4), an 6 autophagy protein with predicted triglyceride-lipase activity, have been proposed to catabolize lipid-droplet fat stores through lipophagy. 8 Although lysosomal inhibitors induce increased levels of lipid-droplet 9 fats, lysosomal inhibition impairs the function of the endocytic pathway 10 11 and autophagy, making this approach insufficient to define which lipases actually break down lipids through lipophagy. Similar to general 12 macroautophagy, lipophagy is activated by fasting. However, it is 13 unknown if the assembly of autophagosomes is the only regulated 14 step or if the lipases breaking down lipids in the autophagolysosome 15 would be separately regulated by changes in nutrient availability. If the 16 17 lipases were independently regulated, then the molecular players that link their activity to nutrient availability would remain to be uncovered. 18 Finally, it has not been established if lipophagy is confined to mammals 19 or if it is an ancient mechanism of energy homeostasis. 20

Here we present the lysosomal lipases LIPL-1 and LIPL-3 as key 21 22 enzymes breaking down lipid-droplet fats through lipophagy in C. elegans. In addition, we show that the transcription factors MXL-3 23 and HLH-30 link nutrient availability to lysosomal lipolysis, uncovering 24 two fat regulators. We also show that lysosomal lipolysis and autophagy 25 are similarly linked to nutrient availability in mammalian cells in 26 27 culture. Finally, we show that lysosomal lipolysis and its regulators MXL-3 and HLH-30 influence C. elegans ageing. 28

#### RESULTS

#### lipl-1, 2, 3, 4 and 5 respond to fasting

A list of 84 conserved C. elegans genes likely to be regulated by 31 nutritional status was generated through comparative analyses of 32 the transcriptional response to starvation of C. elegans<sup>5</sup>, Drosophila 33 melanogaster<sup>6</sup>, and mice<sup>7</sup> (Supplementary Tables S1 and S2). We tested 34 these genes for differential expression in 6 h-fasted versus well-fed fertile 35 adult worms. The most upregulated genes of the set belonged to a family 36 of predicted triglyceride lipases. lipl-1, 2, 3, 4 and 5 were upregulated 37 44-, 12-, 25-, 7- and 2-fold, respectively (Fig. 1). lipl-6, 7 and 8 showed 38 no change in expression (Fig. 1). Transcriptional reporters for *lipl-1*, 2 39 and 3 are observed in the intestine of fasted, but not well-fed, larvae 40 and adults. The *lipl-4* P::GFP (green fluorescent protein) fusion gene is 41 expressed in the intestine of starvation-induced dauer larvae, and in the 42 pharynx of both well-fed and fasted animals (Supplementary Fig. S1). 43 *lipl-5* P::GFP is expressed in the intestine<sup>8</sup>. 44

## LIPL-1 and LIPL-3 are lysosomal lipases controlling lipid-droplet fats

The *lipl* genes encode for uncharacterized triglyceride lipases with extensive sequence similarity to human lysosomal acid lipase (BLAST scores 9e-78 and 3e-75 for *lipl-1* and *lipl-3*, respectively). The primary sequence of the fasting-responsive LIPL proteins contains predicted signals for lysosomal localization (http://golgi.unmc.edu/ptarget/), with confidence scores of 87%, 75%, 62% and 56% for LIPL-1, 3, 2 and 5, respectively. LIPL-4 was not predicted to be lysosomal<sup>9,10</sup>. We characterized the body distribution and subcellular localization of LIPL-1, 2 and 3. Translational fusions of *lipl-1, 2* and 3 to

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**Figure 1** *lipl-1* to 5 are upregulated on fasting. RNA was extracted from young fertile adults fed *ad libitum* or fasted for 6 h. ddCts were calculated normalizing to *ama-1* and the efficiency of the primer sets as previously described<sup>28</sup>. Means+s.e.m. are depicted. *lipl-1* to *lipl-5* data are derived from six independent experiments. *lipl-6* to *lipl-8*, n = 3 independent experiments. Significant *t*-test derived *P*-values are indicated. WT, wild type.

either GFP or TagRFP (red fluorescent protein) reveal expression 1 of these proteins in the lumen of the gut and/or vesicles within 2 the intestine (Supplementary Fig. S2a). Confocal microscopy shows 3 that LIPL-1 and 3 co-localize with the lysosomal marker PGP-2 4 (ref. 11; Fig. 2a). Furthermore, fractionation of whole lysates of worms 5 expressing LIPL-3:: TagRFP shows that both the acid lipase activity and 6 LIPL-3::TagRFP co-fractionate with the canonical lysosomal enzyme 7 acid phosphatase (Supplementary Fig. S2b), confirming that LIPL-1 8 and 3 localize to the lysosomal-related organelle of C. elegans. Moreover, 9 lipl-1(tm1954) lipl-3(tm4498) double mutant worm lysates have 10 reduced acid lipase activity (pH 4.5; Fig. 2b), but normal neutral lipase 11 activity (Supplementary Fig. S2c), suggesting that LIPL-1 and 3 are only 12

active in the acidic conditions that characterize the lysosomal lumen.
 Lysosomal lipases have been proposed to break down lipid-droplet

fats<sup>3</sup>. We investigated the impact of inactivating *lipl-1* and *lipl-3* on 15 the accumulation of cytoplasmic fats. *lipl-1* and *lipl-3* double mutant 16 larvae show threefold greater fat stores than wild-type larvae (Fig. 2c). 17 A significant increase in fat signal in adult animals is also observed 18 (Supplementary Fig. S3a). Furthermore, dual inactivation of lipl-1 19 and lipl-3 impaired fat utilization on fasting (Fig. 2d). Transmission 20 electron microscopy confirms that lipl-1 lipl-3 double mutant animals 21 contain while feeding, and retain during fasting, more and larger 22 lipid droplets than wild-type animals (Fig. 2e and Supplementary Fig. 23 S3b), further suggesting that *lipl-1* and 3 break down lipids contained 24 in lipid droplets. However, the LIPL lipases do not co-localize with 25 lipid droplets (Fig. 2f). 26

In mammals, in basal and fasting conditions, autophagy delivers 27 lipid-droplet lipids to the lysosome: a process termed lipophagy<sup>2</sup>. In 28 C. elegans, dual inactivation of the essential autophagy genes lgg-1 and 29 *lgg-2* (LC3 homologues) leads to increased fat accumulation in worms 30 (Fig. 2g), suggesting that lipophagy is conserved across metazoans. 31 Lysosomal<sup>3</sup> and autophagic<sup>4</sup> lipases were proposed to break down 32 lipid-droplet fats through lipophagy. Inhibition of autophagy by RNA 33 interference (RNAi) of lgg-1 and lgg-2 in the lipl-1 lipl-3 double mutant 34

animals does not lead to further increases in lipid-droplet fat stores (Fig. 2g), confirming that these lysosomal lipases and autophagy are part of the same fat regulatory pathway and suggesting that LIPL-1 and LIPL-3 are the enzymes breaking down lipids through lipophagy in *C. elegans.* By contrast, no changes in the levels of expression of lipid synthesis or  $\beta$ -oxidation genes were observed in *lipl-1 lipl-3* double mutant animals (Supplementary Fig. S3c). 41

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#### MXL-3 represses the *lipl* genes when food is available

To identify the transcription factors that link lysosomal lipase mes-43 senger RNA levels to nutrient availability, a GFP transcriptional 11 fusion to the lipl-1 promoter (lipl-1-P::GFP) was used to screen an 45 RNAi sublibrary containing 403 predicted C. elegans transcriptional 46 regulators and 193 nuclear hormone receptors (Supplementary Table 47 S3). Inactivation of the basic-helix-loop-helix transcription factor 48 mxl-3 (Max-like 3) enabled lipl-1-P::GFP expression under well-fed 49 conditions. Gene expression analyses of two mxl-3 null mutants, 50 mxl-3(ok1947) and mxl-3(tm2580), confirmed that MXL-3 represses 51 lipl-1, 2, 3 and lipl-5, but not lipl-4, in well-fed animals (Fig. 3a). 52 mxl-3 mRNA levels are also responsive to fasting, dropping by up to 53 15-fold after 5 h of fasting (Fig. 3b), suggesting that mxl-3 inactivation 54 is part of a physiological response to fasting. Levels of mxl-3 transcripts 55 return to 30% of those observed in well-fed animals after 12 h of 56 fasting. Similarly, the lipl genes return to near basal levels after 18 h 57 of fasting, suggesting that MXL-3 orchestrates a transient response to 58 fasting. A functional MXL-3::GFP fusion protein, which rescues the 59 mxl-3(ok1947) transcriptional phenotype, localizes to the nuclei of 60 intestinal cells and chemosensory neurons (Supplementary Fig. S4a-c). 61 Tissue-specific inactivation of *mxl-3* in the gut, rather than neurons, 62 triggered a fasting-like transcriptional response (Supplementary Fig. 63 S4d). MXL-3::GFP expressed from a low-copy array localized to the 64 nucleus of well-fed animals, but the signal disappeared from the nuclei 65 after 2 h of fasting and remained undetectable during 6 h of fasting 66 (Fig. 3c and Supplementary Fig. S4e). Twenty-two and 68% of intestinal 67 cells showed nuclear-localized MXL-3::GFP after 12 and 18 h of fasting, 68 respectively (Fig. 3c and Supplementary Fig. S4e). The transient regula-69 tion of MXL-3 suggests that the transcriptional changes coupled to inac-70 tivation of MXL-3 are part of an acute, rather than prolonged, response 71 to nutritional deprivation. The observation that the lipl genes and mxl-3 72 have opposite patterns of expression and that they are both expressed 73 in the intestinal cells supports the hypothesis that MXL-3 directly 74 represses the lipl genes. Furthermore, MXL-3 binds in vitro to CACGTG 75 (ref. 12), and this target motif is present within 500 base pairs (bp) of the 76 transcriptional start sites of lipl-1, 2, 3 and 5, but not in the promoter 77 region of the fasting-responsive gene lipl-4, whose transcription is 78 mxl-3 independent. Also, MXL-3 binds and drives expression from the 79 promoter regions of lipl-1, 2 and 3, but not lipl-4 in yeast one-hybrid 80 experiments (Supplementary Fig. S5a). Chromatin immunoprecipi-81 tation (ChIP) of MXL-3::GFP shows that MXL-3 binds in vivo to the 82 promoters of lipl-1 and 3 in well-fed animals and that MXL-3 occupancy 83 of these promoters drops by between 5- and 50-fold in fasting 84 worms (Fig. 3d and SI\_ChromatinIP). In summary, MXL-3 acts as a 85 nutritionally regulated transcriptional repressor of an acute response to fasting that includes induction of the lysosomal lipase genes *lipl-1* and 3. 87

Acute inactivation of *mxl-3* through RNAi leads to a depletion of fat stores that is comparable to the levels of fat consumption induced 89

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Figure 2 LIPL-mediated lysosomal lipolysis controls lipid-droplet fat stores. (a) Representative confocal images of LIPL-1::GFP and LIPL-3::TagRFP localization relative to the lysosomal marker PGP-2 show that LIPL-1 and LIPL-3 are localized to the lysosomal-related organelle. (b) Acid lipase activity, measured in 1-day adult whole lysates, shows that *lipl-1 lipl-3* double mutant animals have reduced acidic lipolytic capacity. Mean ± s.d. are presented relative to wild type (WT); significant differences are indicated; n = 4independent experiments. (c) Oil Red O (ORO) staining and fatty acid methyl ester (FAME) analyses of wild-type and *lipl-1(tm1954) lipl-3(tm4498)* double mutant L4 larvae show that lysosomal lipases regulate cytosolic fat stores (see Fig. 2d for adult measurements). Means ± s.e.m. are presented relative to wild type; significant differences are indicated; n = 3 independent experiments. (d) ORO quantification (mean percentage  $\pm$  s.e.m. relative to wild type on vector control) of wild-type and *lipl-1(tm1954) lipl-3(tm4498)* double mutant young adults fasted for 4 h shows that LIPL-1 and LIPL-3 contribute to fat mobilization on fasting. Wild-type fasted worms show 20% less ORO signal than animals fed ad libitum ( $P \le 0.001$ ), whereas

*lipl-1(tm1954) lipl-3(tm4498)* double mutant worms show 7% reduction in ORO signal (a difference that is not significant to well-fed fat levels at  $P \le 0.01$  but it is significant at  $P \le 0.05$ ). N = 3 independent experiments. (e) Representative transmission electron microscopy images of well-fed and 6 h-fasted wild-type and *lipl-1 lipl-3* mutant animals (11,500×) show that the *lipl* mutants have more lipid-droplet stores in ad libitum fed and fasted conditions. Quantification of vesicle number and size is depicted below the images as mean  $\pm$  s.e.m., n = 4 independent experiments. (f) Representative immunostaining against TagRFP and GFP of well-fed transgenic animals expressing LIPL-3::TagRFP and ATGL::GFP shows that LIPL-3 does not localize to lipid droplets. (g) ORO staining and quantification (mean) percentage  $\pm$  s.e.m. relative to wild type on vector control) of wild-type and *lipl-1(tm1954) lipl-3(tm4498*) double mutant young adults treated post-developmentally (from L4) with RNAi against the essential autophagy genes Igg-1 and Igg-2 or vector control show that Iipl-1 Iipl-3 and the autophagy genes *lgg-1 lgg-2* are in the same fat regulatory pathway. N = 4independent experiments.



**Figure 3** MXL-3 represses lysosomal lipolysis in *ad libitum*-fed conditions. (a) Expression of *lipl* genes in well-fed *mxl-3(ok1947)* and *mxl-3(tm2580)* young adults normalized to same age well-fed wild-type (WT) worms shows that *mxl-3* loss of function is sufficient to induce *lipl-1* to *3* and *lipl-5*. Mean ddCts+s.e.m. are depicted. N = 6 independent experiments for *lipl-6* to *lipl-8*. (b) L4 larvae were fasted and RNA was extracted at the indicated times. Mean ddCts+s.e.m. show that the response *mxl-3* orchestrates is transient. Time 0, n = 6 independent experiments; time 3-12h, n = 4 independent experiments. (c) Immunostainings of well-fed or 6 or 12h fasted MXL-3::GFP young adults are presented. Quantification of GFP-positive nuclei relative to total intestinal nuclei (4,6-diamidino-2-phenylindole, DAPI) of two independent experiments show shat MXL-3 transiently delocalizes from the intestinal nuclei during fasting. (d) ChIP-quantitative PCR (ChIP-qPCR) analysis

by fasting (Fig. 3e). Although it is possible that mxl-3 inactivation 1 also affects  $\beta$ -oxidation, *mxl-3* mutant animals show wild-type levels 2 of oxygen consumption (Supplementary Fig. S5c), suggesting that 3 β-oxidation is not a major metabolic change associated with mxl-3 4 loss of function. By contrast, the fast fat depletion induced by acute Б mxl-3 inactivation depends on the activity of the lipases LIPL-1 and 3 6 (Fig. 3e). Taken together, the data support the model that MXL-3 is 7 a key molecular switch, whose inactivation turns on a fat-mobilizing 8 program in response to fasting, and that the LIPL lipases are major 9 players executing this metabolic program. 10

<sup>11</sup> We then asked if certain well-characterized nutrient sensors <sup>12</sup> of *C. elegans* regulated the expression of *mxl-3*. Inactivation of <sup>13</sup> CeTOR (target of rapamycin) through RNAi or transforming growth <sup>14</sup> factor (TGF-)  $\beta$  (*daf-7(e1372)*) did not affect *mxl-3* expression <sup>15</sup> (Supplementary Fig. S5d,e). On the other hand, impaired insulin <sup>16</sup> signalling (*daf-2(e1368)*) leads to modest (50%) repression of *mxl-3*  of well-fed and 6 h fasted mixed-stage worms expressing MXL-3::GFP presented as Ct in  $\alpha$ GFP immunoprecipitated DNA normalized to input DNA and relative to a mock promoter region (CACTAT site *§*8 of *ama-1* gene) shows that MXL-3 vacates the *lipl* promoters during early fasting. Three sets of primers surrounding CACGTG target sites found that-up to 500 bp of the ATG of the *lipl-1* and *lipl-3* genes were used. A representative experiment is presented; see raw data of two independent experiments in Supplementary Information. (e) Wild-type or *lipl-1(tm1954) lipl-3(tm4498)* double mutant animals grown on control RNAi plates were transferred as L4 larvae to control or *mxl-3* RNAi plates, incubated for 12 h at 20 °C, and processed for total FAMEs; as a reference, an aliquot of wild-type young adults on control RNAi bacteria was fasted for 6 h. FAME quantification (mean percentage of fed wild type ±s.e.m.) shows that acute *mxl-3* independent experiments. NSD, *P*-value > 0.05.

transcription and six- and twofold induction of *lipl-1* and *lipl-3*, respectively (Supplementary Fig. S5f), suggesting that reduced insulin signalling is only part of the regulatory cascade that links MXL-3 function to nutrients.

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#### HLH-30 induces the *lipl* genes on fasting

A candidate gene approach was used to identify transcription factors 22 that activate the *lipl* genes in response to fasting. MXL-3 has the same 23 binding site and shares target genes with HLH-30 (ref. 12), thus we 24 investigated the role of hlh-30 in the activation of lysosomal lipolysis 25 in fasting worms. In contrast to mxl-3, hlh-30 transcription is induced 26 in fasting worms (Fig. 4a), and repressed on refeeding (Supplementary 27 Fig. S6a). Inactivation of hlh-30 by a chromosomal mutation, allele 28 tm1978, delays the activation of an hlh-30 transcriptional fusion to GFP 29 (Supplementary Fig. S6b), suggesting that HLH-30 positively regulates 30 its own transcription. Inactivation of CeTOR induces the expression 31



Figure 4 HLH-30 induces lysosomal lipolysis on fasting. (a) Transcriptional levels of *hlh-30* and the *mxl-3*-dependent *lipl* genes measured in 5 h fasted wild-type (WT) or hlh-30(tm1978) young-adult worms depicted as mean ddCt±s.e.m. relative to wild-type ad libitum-fed worms show that *hlh-30* is induced on fasting and HLH-30 induces lysosomal lipolysis. N = 4independent experiments for *lipl* data, n = 2 independent experiments for hlh-30 mRNA. HLH-30 deficiency fully abrogates lipl-2, 3 and 5 (P < 0.0001), and impairs *lipl-1* (P < 0.01) transcriptional activation on fasting. (b) Animals treated from late L3 stage with RNAi against TOR or vector control were harvested as young adults. ddCts calculated and presented as in Fig. 1 show that inhibition of TOR is sufficient to induce *hlh-30* transcription. Means + s.e.m. of three independent experiments are depicted. (c) L3 animals carrying the rescuing construct hlh-30 P::HLH-30::eGFP::hlh-30 (eGFP, enhanced GFP) 3/UTR (untranslated region), well fed or fasted for 8h show that HLH-30 is enriched in intestinal nuclei of fasted worms (exposure time: well fed, 500 ms; fasted, 100 ms). (d) ORO staining of wild-type or hlh-30(tm1978) young adults fasted for 8 h reveals that hlh-30 is required for optimal lipid

of hlh-30 (Fig. 4b), revealing that mTOR controls hlh-30/CeTfeb at 1 the transcriptional level. On fasting, HLH-30 is enriched in the nuclei 2 (Fig. 4c). In turn, hlh-30 induces lipl-2, 3 and 5 expression during 3 fasting, and contributes to the induction of lipl-1 (Fig. 4a), suggesting 4 that hlh-30 would control lipid mobilization on fasting. As expected, 5 6 hlh-30 mutants show a reduced capacity to mobilize cytosolic lipids after food withdrawal (Fig. 4d). Mutational inactivation of hlh-30 does 7 not affect either the basal transcription or fasting-induced repression 8 of mxl-3. Conversely, mutation of mxl-3 does not affect either the basal 9 transcription or fasting-triggered induction of hlh-30 (Fig. 4e). These 10 11 findings show that mxl-3 and hlh-30 transcripts are independently regulated. Nevertheless, as analysis by ChIP shows that HLH-30 is 12

mobilization on fasting. Mean percentages  $\pm$  s.e.m. are shown relative to well-fed worms treated in parallel, n = 3 independent experiments. (e) mxl-3 and hlh-30 transcriptional levels in wild-type, hlh-30(tm1978) and mxl-3(ok1947) mutants in the basal and fasted states show that mxl-3 transcription is hlh-30 independent, and hlh-30 transcription is mxl-3 independent. Expression is presented relative to wild-type fed animals as mean ddCt $\pm$ s.e.m. No significant differences relative to wild type in the same feeding state were observed, n = 3 independent experiments. (f) Representative ChIP-qPCR analysis of well-fed and 6 h fasted mixed stage worms expressing HLH-30::GFP presented as in Fig. 3d shows that HLH-30 occupies the lipl promoters during early fasting. See raw data of two independent experiments in Supplementary Information. (g) Transcriptional levels of the *mxl-3*-dependent *lipl* genes in wild-type, mxl-3(ok1947), hlh-30(tm1978) or mxl-3(ok1947);hlh-30(tm1978) double mutant young-adult worms show that hlh-30 suppresses the constitutive-induction-of-the-lipl-genes phenotype of mxl-3 mutant animals (mean ddCt±s.e.m. relative to wild-type ad libitum-fed worms). N = 3 independent experiments.

rarely associated with the promoters of the lipase genes in well-fed 13 animals (Fig. 4f and SI\_ChromatinIP), even when the *hlh-30* gene is 14 expressed from a high copy number array at higher levels than those 15 observed in fasting animals (Supplementary Fig. S6c), the coordinated 16 relay from repression by MXL-3 to activation by HLH-30 seems critical 17 for the proper expression of the lipase genes in response to nutrient 18 availability. Consistent with this hypothesis, *lipl-1* and 3 expression 19 is only slightly increased in well-fed animals overproducing HLH-30 20 (Supplementary Fig. S6c). In contrast, during fasting, when MXL-3 is 21 not bound to the lipase promoters, HLH-30 occupies the promoters 22 of the lipase genes and induces expression of these targets (Fig. 4f and 23 Supplementary Fig. S6c). Moreover, loss of hlh-30 function suppresses 24



**Figure 5** HLH-30 activates vital cellular responses to starvation. (a) LRO live Nile red-stained images of *hlh-30(tm1978)* and wild-type (WT) L3 larvae starved for 60 h show that *hlh-30* is required for the expansion of the lysosomal compartment on fasting. Quantification as mean  $\pm$  s.e.m. relative to fasted wild-type worms is also presented; *n* = 3 independent experiments. (b) Transcriptional levels of the autophagy genes *lgg-1*, *lgg-2* and *atg-16.2* in fasted wild-type and *hlh-30(tm1978)* young-adult worms show that transcriptional activation of autophagy on fasting is *hlh-30* dependent (mean ddCt  $\pm$  s.e.m. relative to wild-type *ad libitum*-fed worms). *N* = 3 independent experiments. (c) The mean percentage ( $\pm$ s.d.) of L1 larvae alive after 48 h fasting in minimum media shows that *hlh-30* mutant animals are sensitive to starvation. *N* = 3 independent experiments. For L4 survival see Supplementary Fig. S6g.

the constitutive induction of the lipase genes observed in *mxl-3* mutants
(Fig. 4f). Taken together, these findings show that *mxl-3* and *hlh-30*antagonistically regulate lysosomal lipase gene expression in response
to nutrient availability. Finally, adaptive induction of the *lipl* genes in
fasting animals is independent of the metabolic regulators NHR-49
and SIR-2.1 (Supplementary Fig. S6d,e).

During fasting the *C. elegans* lysosomal compartment expands<sup>13</sup>.
Inactivation of *hlh-30* causes a reduction of the live Nile red-labelled
lysosomal compartment in well-fed (ref. 14 and Supplementary Fig.
S6f) and fasting conditions (Fig. 5a), suggesting that, as does its
mammalian counterpart<sup>15,16</sup>, *hlh-30* links lysosomal biogenesis to
nutrient availability in *C. elegans*.

Autophagy is also activated on fasting<sup>17</sup>, and we had observed that autophagy genes are transcriptionally upregulated in fasted animals, so we tested the role of *hlh-30* in the induction of autophagy genes. Fasting *hlh-30* mutants fail to activate the transcription of essential autophagy genes (Fig. 5b and Supplementary Table S4). The results support the model that HLH-30 coordinates the activation of lysosomal lipolysis



Figure 6 Lysosomal lipolysis and autophagy are transcriptionally linked to nutrients in mammals. (a) Expression analyses of the liver of C57BL/6J 9-week females fasted overnight (ON) for 10 h relative to siblings feeding ad libitum show that LipA (mouse lysosomal acid lipase). Map1/c3a (mammalian lgg-1/lgg-2) and Tfeb (mammalian hlh-30) but not Max (mammalian mxl-3) are transcriptionally linked to nutrients in the mouse liver (median ± s.e.m. fold change; ddCt). Levels of expression were normalized to ActB and Cog2 as internal controls; all but Max differences are significant (P < 0.05), n = 3 independent experiments. Cyp4a14 is a positive control. (b) Expression analyses of control or hTFEB siRNA treated HepG2 cells incubated in EEBS, minimal medium for 2, 4 or 8 h, compared with the expression of control or hTFEB siRNA treated hepatocytes in complete media, show that LAL (human lysosomal acid lipase), MAP1LC3A and TFEB but not MAX are transcriptionally linked to nutrients in human hepatocytes, and LAL and MAP1LC3A induction under nutrient deprivation are TFEB dependent (median dCt±s.e.m.). Levels of expression were normalized to ACTB as internal control; all butMAX differences are significant (P < 0.05), n = 3 independent experiments. *IGFBP* is a positive control.

and autophagy to meet the nutritional needs of the cells. Notably, *hlh-30* mutant animals die prematurely in starvation conditions (Fig. 5c and Supplementary Fig. S6g), demonstrating that *hlh-30* is required to mount an essential metabolic response to starvation.

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Essential metabolic responses to food deprivation are expected to be 23 under strong selective pressure and consequently conserved. Support-24 ing the view that lysosomal lipolysis is also regulated by nutrients in 25 mammals, increased acid lipase activity was observed in liver lysates 26 from fasted, compared with well-fed, C57L/B6 mice (Supplementary 27 Fig. S7a). Furthermore, TFEB, LAL and the essential autophagy gene 28 product LC3 were induced both in the liver of fasted C57L/B6 mice and 29 in serum-deprived HepG2 cells (Fig. 6a,b), suggesting that lysosomal 30 lipolysis and autophagy may be controlled by similar transcriptional 31 mechanisms across metazoans. Confirming this hypothesis, siRNA 32 inactivation of TFEB impairs the transcriptional activation of LAL and 33 LC3 in nutrient-deprived HepG2 cells (Fig. 6b). In contrast, expression 34 of the closest mammalian homologue of mxl-3, MAX, was not 35 repressed in either fasted mice or serum-deprived hepatocytes (Fig. 6,b). 36 Nonetheless, expression of mouse MAX in C. elegans rescued the 37 constitutive induction of lipase genes in mxl-3 mutants (Supplementary 38 Fig. S7b), suggesting that MAX, or a close member of the MAX family, 39 could regulate energy homeostasis in higher organisms. 40

#### MXL-3 and HLH-30 regulate C. elegans ageing

mxl-3 mutant animals show a constitutive fasting-like transcriptional42profile, specifically, the constitutive activation of the lysosomal lipases.43Similar to animals subjected to low nutrient intake, mxl-3 mutant44



Figure 7 Lysosomal lipolysis delays C. elegans ageing. (a) Wild-type (WT), mxl-3(ok1947), hlh-30(tm1978) or mxl-3(ok1947);hlh-30(tm1978) double mutant were used in longevity epistasis analyses, revealing that hlh-30 suppresses the mxl-3 extended lifespan phenotype. Animals were incubated at 20 °C and transferred every other day until cessation of reproduction. The cumulative survival curve is depicted. Kaplan-Meier statistics, calculated using SSPS 17, are also shown. (b) Live Nile red quantification of wild-type and lipl-1 lipl-3 double mutant worms shows that lipl-1 and lipl-3 contribute to the clearance of lipids from the endocytic pathway. Mean ± s.e.m. signal intensity is shown as percentage relative to wild type; significant differences are indicated; n = 4 independent experiments. (c,d) Animals overexpressing LIPL-1 or LIPL-3 were incubated at 25 °C and transferred every other day until cessation of reproduction. a Survival presented as mean lifespan (LS)  $\pm$  s.e.m. **b** Number of uncensored animals (animals that crawled off the plate, bagged, exploded or became contaminated were censored). Data presented as in Fig. 7a show that activated lysosomal lipolysis extends C. elegans lifespan.

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worms are long lived in abundant food conditions (Fig. 7a). The mxl-3 gene is expressed in the intestine and AWC-sensory neurons (Supplementary Fig. S4). mxl-3 mutants undergo chemotaxis normally

#### ARTICLES

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towards the AWC-specific odorant isoamyl alcohol (Supplementary Fig. S8a), suggesting that this mutant has an intact chemosensory system and that its extended lifespan phenotype is not due to impaired sensory abilities. Furthermore, intestinal-specific expression of mxl-3 rescues the mxl-3 extended lifespan phenotype (Supplementary Table S5). The mxl-3 mutant long-lived phenotype is additive to the lifespan extension derived from deficient germline stem cells (glp-1(e2141)), 10 mitochondrial dysfunction (clk-1 RNAi) and a hypomorphic mutation 11 in the insulin receptor (*daf-2(e1368*)), and it was not suppressed by 12 inactivation of the transcription factors *skn-1(zu67)* or *daf-16(mu86)*, 13 which are required for lifespan extension due to insulin deficiency 14 (Supplementary Table S6). Although skn-1 and daf-16 inactivation 15 partially suppressed the extended lifespan phenotype of the mxl-3 16 mutant animals, they affect wild-type longevity to the same extent 17 that they affect the lifespan of the mxl-3 mutant (20-40%), suggesting 18 they are not required for the mxl-3 extended lifespan phenotype. The 19 mxl-3 ageing phenotype was also additive to the eat-2 model of caloric 20 restriction (eat-2(ad465)), and it was not suppressed by inactivation of 21 the transcription factor pha-4 (RNAi), or rheb-1, a GTPase required 22 for lifespan extension by intermittent fasting (Supplementary Table 23 S7). Finally, the mxl-3 extended lifespan phenotype was additive 24 to starvation-induced lifespan extension (Supplementary Table S7), 25 suggesting that mxl-3 does not represent a genetic model of classical 26 caloric-restriction or starvation-induced longevity. 27

Conversely, hlh-30 mutants were modestly short lived (Fig. 7a) and 28 loss of hlh-30 function suppressed the longevity phenotype of mxl-3 29 mutants (Fig. 7a). Targets of hlh-30 affect both lysosomal function 30 and autophagy, two processes implicated in ageing<sup>18-20</sup>. The mxl-3 31 mutants did not show increased autophagy (Supplementary Fig. S8b). 32 Consequently, it is unlikely that hlh-30 suppresses the mxl-3 extended 33 lifespan phenotype by impairing autophagic function. In support of 34 this idea, inactivation of the autophagy genes bec-1 (beclin1 orthologue) 35 or atg-16.2, or the transcriptional regulator of autophagy pha-4, did 36 not suppress the mxl-3 longevity phenotype (Supplementary Table S8). 37 The mxl-3 mutant does not show activated autophagy, but exhibits 38 activated lysosomal lipolysis, and inactivation of hlh-30 suppressed 39 the induction of lysosomal lipases in mxl-3 mutants. These findings 40 support the model that increased lysosomal lipolysis extends C. elegans 41 lifespan. Efficient clearance of extra- and intracellular components 42 delivered to the lysosome or passing through the endocytic pathway is 43 required for normal ageing<sup>18</sup>. In addition to controlling cytosolic fat 44 stores through lipophagy, the lysosomal lipases LIPL-1 and 3 promote 45 fat mobilization through the endocytic pathway, as made evident by the 46 increased vital Nile red staining observed in lipl-1 lipl-3 double mutants 47 (Fig. 7b). In agreement with the hypothesis that efficient clearance 48 of lipid moieties from the endosomal/lysosomal compartment slows 49 ageing, overexpression of the lipl genes modestly increased C. elegans 50 lifespan (Fig. 7c,d). The longevity data therefore suggest that increased 51 lysosomal lipolysis enhances somatic endurance, possibly by improving 52 cellular clearance, re-routing energy reserves for somatic maintenance, 53 or some combination thereof. 54

#### DISCUSSION

Our data support the hypothesis that the C. elegans homologues of 56 human LAL, the LIPL lipases, mediate the mobilization of cytosolic 57 fats through lipophagy, and that active regulation of lipophagy is 58



**Figure 8** MXL-3 and HLH-30 model of action. In the presence of nutrients, MXL-3 represses the expression of the lysosomal lipase genes, which contribute to breaking down fats through lipophagy. On fasting, MXL-3 is transcriptionally repressed and delocalizes from the nuclei, releasing the repression of the lysosomal lipases. Concomitantly, HLH-30 translocates

an ancient mechanism of energy homeostasis selected to adapt to fluctuations in food availability. Furthermore, we find that lysosomal 2 lipolysis is tightly linked to nutrient availability through two metabolic 3 regulators, MXL-3 and HLH-30 (Fig. 8). When food is available, 4 MXL-3 represses the transcription of the lysosomal lipase genes. On 5 fasting, mxl-3 mRNA levels drop and the protein quickly disappears 6 from the intestinal nuclei. Concomitantly, HLH-30 is translocated to the nucleus and the *hlh-30* gene is transcriptionally upregulated, at 8 least in part through an autoregulatory mechanism. This reinforces 9 the activation of a fasting transcriptional program that leads to the 10 transient induction of lysosomal lipolysis and autophagy, which, in 11 conjunction with the canonical neutral lipases<sup>21,22</sup>, are required to use 12 internal reserves of energy and survive starvation. Lipid consumption 13 is most important and active in the initial phase of the metabolic 14 response to food deprivation of C. elegans males<sup>23</sup>. Here we show that 15 fertile hermaphrodite C. elegans transiently activate lysosomal lipolysis, 16 17 providing a contributing mechanism to the rapid consumption of fat stores in adult worms. 18

The transcriptional regulation mediated by MXL-3 and HLH-30 functions independently of the metabolic regulators NHR-49 (ref. 24) and SIR-2.1 (ref. 25). Also, although TOR regulates mammalian TFEB protein function<sup>26,27</sup> and *C. elegans hlh-30/CeTfeb* transcription, the inactivation of CeTOR is insufficient to repress *mxl-3*. We show evidence suggesting that the repression of *mxl-3* is required for from the cytoplasm to the nucleus and *hlh-30* expression is induced, in part by an autoregulatory mechanism. In the nucleus HLH-30 enables the activation of lipophagy through the induction of lysosomal lipase and autophagy genes. The activation of this transcriptional program enables utilization of internal reserves of energy, and promotes survival of starvation.

the activation of its target genes, supporting the hypothesis that25in *C. elegans* CeTOR inhibition is insufficient to fully activate this26metabolic programme. CeTOR-independent insulin signalling seems27to control *mxl-3* expression. However, inhibition of insulin signalling28is also insufficient to fully activate lysosomal lipolysis, supporting29a model in which multiple nutrient-sensing pathways act upstream30of lysosomal lipolysis.31

The MXL-3-HLH-30 transcriptional circuit is required not only for 32 proper nutrient mobilization in well-fed and fasted conditions but also 33 for normal ageing. MXL-3 promotes ageing and, at least in the context 34 of the mxl-3 mutant model, HLH-30 prevents ageing, suggesting that 35 a transcriptional program selected to adapt to fluctuations in food 36 availability regulates ageing when nutrients are available. We show 37 that the mxl-3 longevity phenotype is additive to caloric restriction 38 and starvation. Although at first surprising, this observation is in 30 agreement with the fact that the response that mxl-3 orchestrates is 40 transient. Fasting leads to the repression of mxl-3 and the activation 41 of lysosomal lipolysis, but this response lasts only hours. In contrast, 42 the mean lifespan of post-reproductively starved animals is 29 days. 43 Consequently, it is unlikely that the transient activation of lipophagy 44 would be a major contributor to starvation-induced lifespan extension. 45 Alternatively, we propose that active clearance of lipid moieties from 46 the endosomal/lysosomal compartment and/or signalling molecules 47 derived from lipid breakdown slow ageing in C. elegans. 48

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In summary, we show that lysosomal lipolysis is an ancient mechanism of energy homeostasis and we present MXL-3 and HLH-30 2 as metabolic regulators that orchestrate a conserved and adaptive 3 response to food deprivation, in addition to regulating ageing in conditions of food abundance. Finally, the conservation of the presented response suggests that malfunction of the mechanisms 6 that link nutrients to lysosomal function may underlie metabolic disorders of as yet unknown aetiology and age-related disorders in 8

higher organisms. a

#### **METHODS** 10

Methods and any associated references are available in the online 11 version of the paper. 12

Note: Supplementary Information is available in the online version of the paper 13

#### ACKNOWLEDGEMENTS 14

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#### AUTHOR CONTRIBUTIONS 31

E.J.O'R. designed the overall studies, carried out the experiments and wrote the 32 manuscript. G.R. discussed results and revised the manuscript. 33

#### COMPETING FINANCIAL INTERESTS 34

- 06 35 The authors declare no competing financial interests.
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#### METHODS

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#### METHODS

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2 Strains. N2 Bristol was used as the wild-type strain. The following mutant strains were used: rrf-3(pk1426), daf-2(e1368), daf-16(mu86), eat-2(ad465), skn-1(zu67), glp-1(e2141), lipl-1(tm1954), lipl-3(tm4498), mxl-3(ok1947), mxl-3(tm2580) and hlh-30(tm1978). For lipl transcriptional fusions, Is[lipl-1p::GFP-5 pest], Ex[lipl-2p::RFP-pest;myo-2p::GFP], Ex[lipl-3p::RFP-pest;myo-2p::GFP] and Ex[lipl-4p::GFP;myo-2p::RFP] were used. For LIPL overexpression, Ex[ges-1p::LIPL-1cDNA::SL2::GFP;myo-2p::RFP], Ex[ges-1p::LIPL-2 cDNA::SL2::GFP; 8 myo-2p::RFP] and Ex[ges-1p::LIPL-3 cDNA::SL2::GFP; myo-2p::RFP] were used. 9 ges-1 P driving lipl-2 and lipl-3 complementary DNAs were fused to TagRFP, 10 11 and LIPL-1 to eGFP for subcellular localization experiments. LIPL-1::TagRFP is toxic, and LIPL-1::mGFP shows very dim signal. For tissue distribution, 12 rescue analysis and ChIP of MXL-3, mxl-3p::MXL-3::mGFP;myo-2p::RFP was 13 used. The vha-6 promoter was used to drive intestinal tissue-specific rescue 14 of mxl-3. For mxl-3 tissue-specific knockdown analyses, lines were created 15 16 following the strategy of ref. 29. Briefly, double stranded RNAi against mxl-3 was specifically generated in the gut or AWC neurons of the non-spreading sid-1(qt9) 17 strain expressing the lipl-1 P::GFP transcriptional reporter. Is[lipl-1p::GFP-18 pest] was crossed into sid-1(qt9). Ex[ges-1p::Mxl-3IR::SL2::GFP;myo-2p::RFP], 19 Ex[vha-6p::Mxl-3IR::SL2::GFP;myo-2p::RFP], Ex[odr-1p::Mxl-3IR::SL2::GFP;myo-20 2p::RFP], Ex[odr-3p::Mxl-3IR::SL2::GFP;myo-2p::RFP] and Ex[mxl-3p::Mxl-21 3IR::SL2::GFP;myo-2p::RFP] were created by cloning the desired promoters 22 in the AscI/Pme sites of pWormgatePro plasmids and then using the LR/BP 23 24 recombinase Gateway system to introduce inverted repeat sequences of the mxl-3 open reading frame. The constructs were injected into sid-1(qt9) animals 25 carrying lipl-1 P::GFP. For tissue distribution, rescue and ChIP analysis of HLH-30, 26 27 hlh-30p::HLH-30cDNA::eGFP::hlh-30 3'UTR; myo-2p::RFP was used. DA2123 was used to assess autophagy levels; the transgene was crossed into mxl-3(ok1947) and 28 hlh-30(tm1978). Strain VS20 was used in ATGL-1 localization analyses. 29

C. elegans fasting assay. *Transcriptional analyses*. Young adults (adult vulva with
 fewer than five eggs) were harvested, washed in a 35 μm nylon mesh, and seeded in
 empty NGM plates (fasting) or back onto OP50 plates (well-fed control). After the
 fasting period, treated and controls were harvested, washed in a 35 μm nylon mesh,
 and quickly frozen in liquid nitrogen. qRT–PCR data presented are from at least
 three independent experiments and all values are normalized to *ama-1* as internal
 control as well as to transcript levels in the untreated or wild-type animals.

Fat content assessment. Except for hlh-30(tm1978) experiments, hatchlings were
 synchronized for 48 h on S-basal, then seeded on OP50 plates, and incubated at
 20 °C, unless otherwise stated. Animals were fasted for the indicated amounts of time
 and immediately treated for ORO staining<sup>13</sup>, fixed for electron microscopy, or frozen
 for later processing. FAMEs were extracted and measured as previously reported<sup>30</sup>.
 Equal numbers of worms were compared.

Starvation survival. Approximately 10,000 synchronized hatchlings obtained by 43 egg preparation and incubation in minimal medium, or synchronized young L4s 44 extensively washed through a 20 µm mesh, were followed for each strain. No 45 46 difference in survival was observed between hlh-30(tm1978) and wild-type worms if eggs were seeded immediately after bleaching on food-containing plates, suggesting 47 that hlh-30(tm1978) mutant worms are not hypersensitive to bleach. Hatchlings 48 or larvae were resuspended in 10 ml S-basal to which 2.5 µl 5 mM Sytox Green 49 (Molecular Probes) and 1 µl 10% Triton X-100 were added. The worm suspensions 50 were maintained rocking at 20 °C. A minimum of 500 worms were run through 51 a COPAS Biosort (Union Biometrica) at the indicated times. Animals with green 52 53 fluorescent signal of 50 or over were dead, as previously established by lack of 54 movement in a liquid drop. Percentage survival = (1 - (worms with green signal))55  $>50/total worms)) \times 100.$ 

Mammalian fasting assays. Mouse experiments. Five 9-week-old females were 56 fasted for 10 h (8 pm-6 am), and five were fed ad libitum. Liver samples were 57 extracted and immediately frozen in liquid nitrogen. RNA was extracted according 58 to manufacturer's recommendations (TriReagent, MBP). Cyp4a14 was used as 59 positive control and actin B to normalize cDNA. Each experiment was repeated twice. 60 Lipase activity from whole lysates was measured in a reaction mix as described below. 61 HepG2 experiments. HepG2 human hepatocytes were grown in IMDM complete 62 63 medium supplemented with 10% heat-inactivated fetal calf serum. At 50% confluence, three plates were washed with PBS and the cells were incubated in 64 serum-free Earle's balanced salt solution, whereas another three plates were left in 65 complete media as controls. At the indicated times cells from one complete medium 66 and one salt solution plate were harvested and frozen in liquid nitrogen. RNA 67 68 was extracted according to manufacturer 's recommendations (TriReagent, MBP). Specific TaqMan probes were purchased from Applied Biosystems. insulin-like 69 growth factor-binding protein (IGFBP) was used as a positive control, and actin

B to normalize cDNA. Each experiment was repeated three times. TFEB was knocked down in HepG2 cells using human TFEB Stealth RNAi siRNAs (HSS111870, Invitrogen). Twenty-four hours after transfection using Lipofectamine RNAiMAX transfection reagent (Invitrogen), two plates of TFEB knocked-down cells and two plates of negative-control transfected cells (Stealth RNAi siRNA Negative Control) were harvested and split into a total of seven plates. Forty-eight hours after transfection, half the TFEB knocked-down and negative control cells were resuspended in EEBS, At the indicated times, cells from one TFEB knocked-down complete medium and one TFEB knocked-down EEBS, plate, were harvested and processed for transcriptional analysis as described above. TFEB expression was tested by TaqMan PCR.

**Lipase assay.** Animals were resuspended in 300 µl of 200 mM sodium acetate buffer pH 4.5, and immediately frozen in liquid nitrogen. To assay, samples were sonicated and protein concentrations were measured. Reaction mix: 250 µg of total protein (up to 100 µl of lysate), 20 µl 2 M sodium acetate buffer at pH 4.5, 10 µl 4-methylumbelliferyl palmitate (4 mg ml<sup>-1</sup>), bring reaction volume to 200 µl with water. Fluorescence was read after 2 h at room temperature in a plate reader, excitation 355 nm–emission 460 nm.

**Immunostaining.** GFP was revealed with anti-GFP antibody (Roche, catalogue no 11814460001) and PGP-2 was revealed with anti-PGP-2 antibody kindly provided by G. Hermann<sup>11</sup>. TagRFP antibody was raised in house.

RNAi screen. An RNAi sublibrary containing 403 predicted transcriptional 92 regulators and co-regulators and 193 nuclear hormone receptors (Supplementary 93 Table S2) was built by cherry-picking clones from the Ahringer genome-wide and 94 the Vidal RNAi library. The strain carrying the GFP transcriptional fusion to lipl-1 95 was used to screen for transcriptional regulators that affect transcriptional activation 96 of lipolysis. RNAi bacteria were cultured for 12 h in Luria-Bertani medium with Q10 97 100 µg ml-1 ampicillin, and then washed with S-basal and seeded onto RNAi agar 98 plates containing 5 mM isopropyl-β-D-thiogalactoside (IPTG). The plates were 99 left to dry in a laminar-flow hood and incubated at room temperature overnight 100 to induce dsRNA expression. Synchronized Is[lipl-1p::GFP-pest; myo-2p::RFP] 101 hatchlings were seeded on the plates. After 3 days of incubation at 20 °C, young 102 adults were scored for GFP signal (animals fed empty vector control showed no 103 signal or a dim signal limited to the tail in these conditions). 104

Yeast one-hybrid analyses. The ability of MXL-3 to bind to the promoters of the 105 lipases was tested in the yeast one-hybrid system (Y1H), according to Deplancke et al. 106 with some modifications. Briefly, lipl-1 to 4 promoters (3 kb upstream up to the Q11107 ATG) were fused to β-galactosidase or HIS3 and integrated in YM4271. Two 108 clones of each promoter that did not grow in 25 mM 3-aminotriazole (3AT) and 109 showed a pale blue colour in the β-gal assay were transformed with only the Gal-4 110 activation domain or the activation domain fused to the MXL-3 open reading frame. 111 Twenty-four random colonies from each transformation were picked and tested for 112 survival in 3AT or β-gal signal. Expression of a transcriptional regulator able to bind 113 to the tested promoters renders yeast resistant to 3AT and  $\beta$ -gal positive. 114

ChIP-qPCR. qPCR of DNA immunoprecipitated from well-fed or 6 h-fasted 115 transgenic animals expressing MXL-3::GFP or HLH-30::GFP was carried out as 116 previously described<sup>31</sup>. The MXL-3::GFP line used expresses  $4.2 \pm 0.38$  times more 117 mxl-3 than wild-type worms. The HLH-30::GFP line expresses  $6.75 \pm 0.91$  times 118 more hlh-30 than wild-type worms. Monoclonal mouse @GFP antibody from Roche 119 (catalogue no 11814460001) was used for immunoprecipitation . Three sets of 120 primers surrounding the CACGTG target sites up to 500 bp from the start site of 121 lipl-1 or lipl-3 genes were used in qPCRs to compare the immunoprecipitated to 122 input DNA. Fold change was calculated relative to the amplification obtained using 123 two sets of primers surrounding the CACTAT sequence at -88 bp of the ama-1 start 124 site from immunoprecipitated and input DNA. 125

Electron microscopy.Transmitted electron microscopy of osmium-, propylene126oxide- and EPON-treated wild-type or mutant young adults was carried out in the127Microscopy Core of the Center for Systems Biology/Program in Membrane Biology,128which is partially supported by Inflammatory Bowel Disease Grant DK43351 and129Boston Area Diabetes and Endocrinology Research Center (BADERC) Award130DK57521.131

 LRO content assessment. Animals were synchronized through a 2 h synchronous
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 egg lay or by 24 h hatching at 20 °C in S-basal minimal media. Worms were seeded
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 on NGM plates containing *E. coli* OP50 supplemented with 1 µM of the fluorescent
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## MFTHODS

Statistical analyses. t-test analyses were carried out in all experiments with three or more biological replicates (independent experiments). For experiments with n = 2, representative data are presented. Log-rank statistics was used for the analysis of the

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red. Imaging and quantification was conducted using an Axioplan microscope and Axiovision software (Zeiss). At least 25 animals were imaged in at least two independent experiments.

fatty acid analogue C1-BODIPY 500/510-C12 (Invitrogen) or 25 ng ml-1 of Nile

5 Lysosomal fractionation. Lysosomes were isolated from mixed stage LIPL-3::TagRFP animals using a LYSISO1 kit (Sigma) as previously described<sup>32</sup>. The 6 lysosome enrichment was determined by measuring acid phosphatase activity 7 (BioVision) normalized to protein concentration. LIPL-3::TagRFP was detected 8 using a-TagRFP antibodies from Evrogen. Acid lipase activity was measured as a

10 described above.

#### 11 Longevity assays. Synchronized day-1 adults were transferred to fresh NGM OP50

- or RNAi plates every two days until no progeny was observed and then once a week 12
- for RNAi to keep the strength of the treatment. Two to six independent assays were 13 carried out. Lifespan experiments were conducted at 20 °C, unless otherwise stated.
- 14 Kaplan-Meier survival analysis was done using SSPS 17 software; significance was 15 determined using log-rank statistics.

longevity experiments as explained above. 29. Briese, M., Esmaeili, B., Johnson, N. M. & Sattelle, D. B. pWormgatePro enables 20

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#### Page 1

#### Query 1:

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#### Page 2

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'TOR' expanded as 'target of rapamycin'—please check, and correct if necessary.

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#### Query 6:

Please confirm statement: 'The authors declare no competing financial interests.'

## Query 7:

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#### Query 8:

References 30 and 32 have been deleted from reference list since they were the repetition of refs 13 and 11 respectively and hence subsequent references renumbered and citations also changed. Please check.

#### Page 10

#### Query 9:

'IGFB' changed to 'insulin-like growth factorbinding protein (IGFBP)'—please check, and correct if necessary.

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'LB' expanded as 'Luria–Bertani medium'—please check, and correct if necessary.

#### Query 11:

Is 'Deplancke et al' ref. 31?

#### **General Queries**

#### Query 12:

For the representation of gene symbols and genotypes we follow the standard scientific conventions and nomenclature found in databases such as HUGO for humans, MGI for mice or Flybase for Drosophila. Accordingly, many changes may have been made throughout the text and figures. Please check that we have interpreted each instance correctly.

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'UTR' expanded as 'untranslated region' in caption of Fig. 3.—please check, and correct if necessary.

#### Query 15:

Please give 'LRO' in full in caption of Fig. 5.

#### Query 16:

Please provide text to define EEBS in caption of Fig. 6.